

Become an expert in the nuances of personality and master the delicate art of interpreting the whole profile.

Program Design and Overview

These sessions are designed to challenge and change the way you think about human nature and achieving peak performance. We will take you back to the core components of personality and bring forward the dynamic nuances of the Personalysis profile.

Each session brings a wealth of expertise and a high degree of interaction as we explore the unique methodology of Personalysis. You will learn to look beyond dimensions and colors, building capability to interpret assessment results from the whole-profile view. Join us and achieve the gift of rich insights that will assist you with interpreting and coaching with individuals.

- Prework: History & Foundation
- Week 1: Color Theory
- Week 2: Instinctive & Irrational Behaviors
- Week 3: Social & Defensive Behaviors
- Week 4: Preferred & the Whole Profile
- Week 5: Working with the Profile
- Week 6: Group Mentor Session
- Case Study: Independent activity and submission

What You'll Learn

- The evolution and history of Personalysis
- The underlying concepts to support interpreting Color: their energy signature, timeframes, and their distinct approach to trust, confidence, and power.
- The downside side of Color: blindsides, negative responses, and reactions.
- Addressing experience, guilt, shame, and insecurity in the Personalysis profile.
- How the instinctive dimension grounds, supports and energizes the whole person.
- What happens when social expectations challenge our instinctive needs and how to ease the tension.
- The challenge that exists when individuals overemphasize the social dimension.
- Why engagement and career satisfaction is critical to success and how to utilize within organizations and individual coaching.



Join our next cohort

September 9 – October 14, 2025 Tuesday's, 10am – 12pm Central 90-minutes program; 30-minutes Q&A

All sessions will be delivered live. Recordings will be available for those who wish to attend on-demand.

Investment: \$1,400 * Prerequisite: Color Combinations

Reserve your spot: info@personalysis.com

Questions to: Kristi@personalysis.com